

PERMIT REPORT

To: Board of Managers

From: Elizabeth Showalter, Permitting Technician

Date: June 25, 2018

Re: Permit 18-153: Life Time Fitness (5525 Cedar Lake Road, St. Louis Park)

Summary:

Life Time Fitness has applied for a Minnehaha Creek Watershed District permit under the Stormwater Management Rule for the construction of a 5,300 square foot addition to the existing building. The Erosion Control Rule is triggered, but the City of St. Louis Park exercises regulatory authority for that rule. The applicant has also applied for a variance from compliance with the stormwater-treatment requirements applicable to the project under the common scheme of development framework in the Stormwater Management Rule and rather provide only treatment for the proposed new impervious on the site.

Background:

The St. Louis Park Life Time Fitness has previously held three District permits. Under those permits, they have disturbed approximately 6.6 acres, or 64% of the site. The most recent permit involved the construction of a parking ramp which involved 23% site disturbance. The first two permits involved reductions in impervious surface, which only required that a BMP be implemented. Those BMPs were a filtration basin and an area of permeable pavement. Under permit 13-041, the applicant should have been required to treat the entire site's impervious surface through the common scheme of development framework of the Stormwater Management Rule, which requires all development that has occurred since January 2005 be considered in aggregate when determining treatment scope. District staff only required the applicants to treat the additional impervious surface proposed to be created at that time, and permit 13-041 was issued for that work on a demonstration by the applicant that stormwater-management requirements for the work proposed would be met. The applicant provided stormwater treatment through a series of raingardens.

		A suggestion of a City
Permit Number	Project Description	Approximate Site
		Disturbance
08-054	Tennis building and parking lot reconstruction	3.1 acres (30%)
09-317	Parking lot reconstruction	3.5 acres (34%)
13-041	Parking ramp	2.35 acres (23%)
Approximate Total		6.6 acres (64%)

Summary of Previous Permits



Under the current rule, on sites greater than 5 acres with proposed (and cumulative) disturbance greater than 40 percent but resulting in a decrease in impervious surface, volume control is required for all impervious surface.

District Rule Analysis:

Stormwater Management Rule

The Stormwater Management Rule is triggered by the creation of new or replacement of existing impervious surface. The proposed project is a 5,300 building addition and outdoor play area, which triggers the Stormwater Management Rule. Since over 40% of the site has been disturbed since January of 2005, volume control is required for the entire site's impervious surface, despite the reduction in impervious surface.

To meet the District's requirements the applicant would need to provide 29,950 cubic feet of abstraction, which would remove approximately 7.5 pounds of phosphorus per year. If the Stormwater Management Rule was applied as though the previous disturbance had not taken place, phosphorus, rate, and volume and volume controls would need to be provided for the 5,627 square feet of additional impervious surface, which would require 468.9 cubic feet of abstraction. The applicant submitted plans for a stormwater management system that provided the 720 cubic feet of abstraction through an infiltration basin, meeting the volume control requirement. The provided abstraction would remove approximately 0.2 pounds of phosphorus per year. The design also reduces runoff rates at the 1, 10, and 100-year storm events, as required by the rate control section of the rule.

Upon being informed by MCWD staff that treatment for the entire site was required, Life Time Fitness expressed interest in finding a regional treatment opportunity. Staff worked with the applicant and the City of St. Louis Park to identify opportunities for treatment within the Twin Lakes subwatershed. The District and City do not have any capital projects planned for the subwatershed, and the only existing infrastructure is the Twin Lake stormwater pond operated by the District. Options for new projects explored include:

- 1. Restoration of a large wetland complex which was determined to be infeasible due to the large size of the wetland and differing ownership throughout the complex.
- Excavation of an existing basin at a stormsewer outfall located in a wetland on Cedar Lake Road (owned by St. Louis Park), which would be considered a wetland impact, and restoration elsewhere in the wetland would be unlikely to yield replacement credit under WCA/USACE rules. Therefore, the excavation of the pond was not deemed a feasible project.
- 3. Improvements to the Twin Lakes pond (maintained by the District), which is severely undersized, and would benefit from expansion, but is bordered by a wetland on one side and a well-used park on the other side. Improvements to the pond to improve effectiveness, such as adding an iron filter bench, would be limited in effectiveness by the frequent overtopping of the pond, and would place additional maintenance requirements on the District, with minimal water quality benefits. The installation of the filtration



bench would yield approximately 12 pounds of phosphorus reduction annually, 4 pounds more than is required by the Stormwater Management Rule for Life Time. The bench would increase District maintenance costs by between \$10,000 and \$20,000 every seven to ten years. Staff did not find the water quality benefit sufficient to justify the additional maintenance cost.

WATERSHED DISTRICT

QUALITY OF LIFE

- 4. Installation of a cartridge system to treat water exiting a wetland for dissolved phosphorus, was deemed infeasible because of the difficultly to access for maintenance and the inability to keep the system dry enough of the time to function properly.
- 5. Improvements to three outfalls from St. Louis Park's stormsewers into Twin Lake which have good access but limited right of way are limited to sediment settling devices, such as sump catch basins, which are only able to remove approximately 10% of phosphorus. The phosphorus removal would not justify the cost, unless road construction or other utility work was proposed.

Since no regional treatment option was determined to be feasible and prudent, Life Time has applied for a Variance from the compliance with the stormwater-management requirements applicable under the common scheme of development framework of the Stormwater Management Rule.

Variance:

The applicant has submitted a variance request form (attachment 2). The applicant is requesting a variance from application of the common scheme of development framework of the Stormwater Management Rule which requires volume control be provided for the entire site's impervious surface, due to the scale of previously permitted work, to allow the construction of the proposed building addition. The requested variance would only apply to the presently proposed work, and not to future work, which would require the applicants to treat the entire site, or apply for another variance.

Life Time has provided a concept plan for stormwater management which includes treatment for the 5,627 square feet of new impervious surface proposed for this project, installation of two sump catch basins with SAFL baffles, which provide sediment removal for parking lot runoff which is currently routed to the municipal stormsewer without treatment, and excavation of an existing raingarden and addition of iron filings to provide additional phosphorus removal, for a portion of the parking lot. If the Board of Managers approves the variance, the applicant will provide detailed designs for the proposed treatment which will be analyzed for compliance by staff and the District Engineer to confirm compliance with applicable requirements prior to permit approval.

The District's Variance and Exception Rules states that to grant a variance the Board of Managers must determine:

1. That because of special conditions inherent to the property, strict compliance with the rule will cause an undue hardship to the applicant of property owner.

MINNEHAHA CREEK

QUALITY OF WATER

2. The hardship was not created by the landowner, the land owner's agent or representative, or a contractor. Economic hardship is not grounds for a variance

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- 3. That granting a variance will not merely serve as a convenience to the applicant
- 4. That there is no feasible or prudent alternative to the proposed activity requiring the variance, and
- 5. That granting the variance is not contrary to the intent of the rules

In the attached variance request, the applicant argues that compliance with the MCWD stormwater management treatment requirements for the entire site now would cause an undue hardship for several reasons. First, retrofitting the site to provide the required volume control would involve at least 2 acres of site disturbance and reconfiguration of the drainage on the site including existing utility lines and the drainage from the building, which is currently drained to the railroad tracks on the south side of the building. The disturbance area is larger than typical, because the soils on the majority of the site are not conducive to infiltration due to anticipated contamination and the high clay content. The applicants further argue that the large amount of disturbance would significantly impact usage of the club. The applicants also contend that had they been made aware of the requirement to treat the entire site when previous projects were permitted, compliance with the full scope of the rule would have been more feasible. In addition to the previously outlined regional treatment options, the applicants also explored adding above ground treatment, which would involve less impacts to club usage. The applicants inquired with St. Louis Park about the elimination of parking spaces, but were informed that they are not currently provided the minimum amount of parking, and therefore could not eliminate spaces.

Conclusion:

Life Time Fitness has applied for an MCWD permit for Stormwater Management and applied for a variance from the common scheme of development framework of the Stormwater Management Rule for the construction of a building addition. The applicant has submitted a concept plan for stormwater improvements on the Life Time Fitness site, but has not submitted final designs. If the variance is approved by the Board of Managers, staff recommends delegation of final permitting authority to staff to analyze the applicant's final submittal for compliance with applicable requirements.

Attachments:

- 1. Application Form
- 2. Variance Request
- 3. Site Plan
- 4. Previous Permit Graphic
- 5. Regional Treatment Options Map

18-153

	AIT APPLICATION FORM				
Use this form to notify/apply to the Minnehaha Creek Watershed District (MCWD) of a proposed project or work which may fall within					
their jurisdiction. Fill out this form completely and submit with your site plan, maps, etc. to the MCWD at:					
15320 Minnetonka Blvd. Minnetonka, MN 55345.					
Keep a copy for your records.					
YOU MUST OBTAIN ALL REQUIRED AUTHORIZATIONS BEFORE BEGINNING WORK.					
1. Name of each property owner: Life Time					
Mailing Address: 2902 Corporate Place	City: Chanhassen State: MN Zip: 55317 Phone: 952-229-7862 Fax: 952-947-0797				
Email Address: JSchmidt@lt.life	Phone: <u>952-229-7862</u> Fax: <u>952-947-0797</u>				
2. Property Owner Representative Information (not requir	ed) (licensed contractor, architect, engineer, etc)				
Business Name: Elfering & Associates	epresentative Name: Kristie Elfering				
Business Address: 10062 Flanders Court NE	City: Blaine State: MN Zip: 55449				
Email Address: KElfering@elferingeng.com	City: Blaine State: MN Zip: 55449 Phone: 763-780-0450 Ext 2 Fax: 763-780-0452				
3. Project Address: 5525 Cedar Lake Road	City: St. Louis Park				
State: \underline{MN} Zip: $\underline{55416}$ Qtr Section(s): Se	ction(s): 9 Township(s): $117N$ Range(s): $21W$				
State: MN Zip: 55416 Qtr Section(s): Se Lot: Block: Subdivision: Unplatted	PID: <u>09-117-21-21-0204</u>				
4. Size of project parcel (square feet or acres): 10.44 acres					
Area of unstitution incertification in a second sec	Volume of excavation/fill (cubic yards):1,500 cy				
Area of existing impervious surface: 2,470 sf - Project Are	a of proposed impervious surface: 0,097 SI - Project Alea				
Length of shoreline affected (feet): N/A Waterbody	/ (& bay if applicable): <u>N/A</u>				
5. Type of permit being applied for (Check all that apply):					
☑ EROSION CONTROL	□ WATERBODY CROSSINGS/STRUCTURES				
□ FLOODPLAIN ALTERATION	☑ STORMWATER MANAGEMENT				
U WETLAND PROTECTION	T ADDDODDIATIONS 5// PD				
□ DREDGING					
□ SHORELINE/STREAMBANK STABILIZATION	$\Box \text{ ILLICIT DISCHARGE}_{2} 2018$				
6. Project purpose (Check all that apply):					
□ SINGLE FAMILY HOME	□ MULTI FAMILY RESIDENTIAL (apartments)				
□ ROAD CONSTRUCTION	COMMERCIAL or INSTITUTIONAL				
□ UTILITIES	□ SUBDIVISIONS (include number of lots)				
□ DREDGING	□ LANDSCAPING (pools, berms, etc.)				
□ SHORELINE/STREAMBANK STABILIZATION	\Box OTHER (DESCRIBE):				
7. NPDES/SDS General Stormwater Permit Number (if an	oplicable):N/A				
8. Waterbody receiving runoff from site:Ditch along railroad	d property				
9. Project Timeline: Start Date: May 2018	Completion Date: October 2018				
	Pollution Control Agency DNR COE				
Permits have been received: City County MN	Pollution Control Agency DNR COE				
By signing below, I hereby request a permit to authorize the activities described herein. I certify that I am familiar with MCWD					
Rules and that the proposed activity will be conducted in compliance with these Rules. I am familiar with the information					
contained in this application and, to the best of my knowledge and belief, all information is true, complete and accurate. I					
understand that proceeding with work before all required authorizations are obtained may be subject to federal, state and/or local administrative, civil and/or criminal penalties.					
administrative, crypt and/or criminal penalties.					
Mr. ZA	3/8/18				
Signature of Each Property Owner					
Duto					
1					

Request for Variance And Statement of Hardship

The Board of Managers may hear requests for variances from the literal provisions of these rules in instances where their strict enforcement would cause undue hardship because of circumstances unique to the property under consideration. The Board of Managers may grant variances where it is demonstrated that such action will be keeping with the spirit and intent of these rules. An applicant granted a variance from full compliance with a requirement of the rules would be required to meet the requirement to the degree feasible short of full compliance.

In order to grant a variance, the Board of Managers shall determine that:

- the special conditions which apply to the structure or land in question do not apply generally to other land or structures in the District
- the granting of such variance will not merely serve as a convenience to the applicant,
- the variance will not impair or be contrary to the intent of these rules.

A hardship cannot be created by the landowner, the landowner's agent or representative, or a contractor, and must be unique to the property. Economic hardship are not grounds for issuing a variance.

A variance shall become void one year after it is granted if not used.

A violation of any condition set forth in a variance shall be a violation of the District rules and shall automatically terminate the variance.

Date	Permit #	
Applicant		
Address		
Telephone number		
Property ID number		
MCWD Rule (circle applicable rule(s)): A B C D E F G J K M N		
Description of project:		

Requirements of rule(s)

Requested Variance

Statement of Hardship (include any mitigating circumstances).

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How do you propose to meet the requirements of the applicable MCWD rules?

Applicant name:	 Date:

Applicant signature:_____

Staff Recommendation (For staff use only) Approve





18-153 Life Time Fitness Previously Permitted Work

Permit 18-153: Life Time Fitness Regional Treatment Options



- 1 Wetland Restoration
- 2 Existing Basin Excavation
- 3 Improvements to Twin Lake Pond
- 4 Cartridge System
- 5 Outfall Improvements